



**20 REASONS TOP ATHLETES  
CHOOSE REGENEXX TO HELP THEM  
PERFORM AT THEIR BEST**

## 20 Reasons Top Athletes Choose Regenexx to Help Them Perform at Their Best

### Regenexx History and Facts

The Regenexx website is filled with our most important information, research, and imperative decision-making material. Included below are 20 highlights on Regenexx history, procedures, safety, and patient outcomes. Each point is supported with links to website data.

**1. Regenexx performed the first orthopedic stem cell procedure in the United States. We now have over a decade of experience and have performed over 24,000 procedures. The published research on Regenexx procedures accounts for approximately 51% of the world's orthopedic stem cell literature (cumulative n of patients published and treated with bone marrow stem cells as of April 2016).**

- <http://www.regenexx.com/dr-chris-centeno-on-the-history-of-regenexx/>
- <http://www.regenexx.com/about-regenexx/research-based-stem-cell-procedure/>

**2. Regenexx has the most-researched stem cell procedure for orthopedic conditions in the United States.**

- <http://www.ncbi.nlm.nih.gov/pubmed?term=centeno%20c%20stem>
- <http://www.regenexx.com/about-regenexx/research-based-stem-cell-procedure/>

**3. Our patented technique allows us to use 5-6 time more concentrated cells than similar procedures. Our method is verified in the lab.**

<http://www.regenexx.com/regenexx-procedures-family/the-regenexx-procedure-explained/>

**4. We use advanced, precise imaging guidance in all of our injection and harvesting procedures. We use fluoroscopy and ultrasound for every procedure. We know where the cells are coming from and where we are placing them.**

- <http://www.regenexx.com/the-blind-leading-the-blind-bone-marrow-aspiration-volume/>
- <http://www.regenexx.com/the-regenexx-difference-taking-and-placing-stem-cells-with-accuracy/>

**5. We publish our outcome and safety data. We are transparent with our results, update this information annually, and make it public on our website.**

- <http://www.regenexx.com/regenexx-patient-outcome-data/>
- <http://www.regenexx.com/outcomes-only-regenexx-has-them/>

**6. All Regenexx doctors are musculoskeletal experts with extensive training in orthopedic stem cell injections. All providers must complete their comprehensive Regenexx certification and prove their injection skills to administration and training physicians prior to performing any stem cell procedure.**

- <http://www.regenexx.com/2014/08/our-network-providers-are-highly-trained/>
- <http://www.regenexx.com/trust-regenexx-network-physicians/>
- <http://www.regenexx.com/find-a-physician/>

**7. We use a patented multi-injection stem cell protocol for the best possible outcomes. We have tested this protocol for 10 years and have shown its effectiveness.**

<http://www.regenexx.com/regenexx-procedures-family/the-regenexx-procedure-explained/>

**8. Regenexx has a dedicated lab research team, headed by a PhD cell biologist for continuous procedure improvements. Our research-and-development team continues to innovate the field of orthopedic stem cells.**

<http://www.regenexx.com/regenexx-research-discovery-stem-cell-lab-receives-dedication-plaque/>

**9. We have the ability to count cells and doses appropriately by condition. We know through extensive research how many cells it takes to help one or more joints. We don't guess.**

- <http://www.regenexx.com/stem-cell-numbers-mean/>
- <http://www.regenexx.com/doctor-know-count-cells/>
- <http://www.regenexx.com/counting-stem-cells-whats-the-proper-knee-arthritis-stem-cell-dose/>

**10. Bone marrow is used for our stem cell source. Bone marrow has the most research for orthopedic application and is the best source of stem cells for musculoskeletal conditions.**

- <http://www.regenexx.com/2015/07/more-research-that-bone-marrow-beats-fat-for-orthopedic-applications/>
- <http://www.regenexx.com/2015/05/fat-vs-bone-marrow-stem-cells/>
- <http://www.regenexx.com/fat-vs-bone-marrow-stem-cells-2/>
- <http://www.regenexx.com/fat-vs-bone-marrow-stem-cell-video/>

**11. With over 45,000 procedures performed, we add hundreds of stem cell and platelet rich plasma (PRP) procedures to our registry (now the Interventional Orthopedics Foundation Registry) each month. Our national network uses the same protocol. We are able to use this data to customize the strength of the cells for each person's specific condition.**

- <http://www.regenexx.com/satstats-how-many-cases-are-we-tracking-in-the-regenexx-stem-cell-registry/>
- <http://www.regenexx.com/stem-cell-treatment-registry/>
- <https://interventionalorthopedics.org/interventional-orthopedics-patient-registry-data-base/>

**12. We have the largest stem-cell-research registry in the world, currently tracking close to 12,000 patients.**

<http://www.regenexx.com/patient-outcome-and-safety-data-test/>

**13. We currently treat retired and active professional, college, and high school athletes and weekend enthusiasts.**

- <http://www.regenexx.com/athlete-sports-injury-recovery-times/>
- <http://www.regenexx.com/helping-a-college-athlete-avoid-hip-labrum-surgery/>
- <http://www.regenexx.com/lower-back-stem-cell-treatment/>
- <http://www.regenexx.com/crossfit-injury-recovery/>
- <http://www.regenexx.com/2013/09/golfers-elbow-injection/>
- <http://www.regenexx.com/2013/01/stem-cells-in-ohio-help-ex-nfl-linebacker-get-back-to-golfing/>

- <http://www.regenexx.com/2012/10/update-from-former-nfl-player-jarvis-green-and-stem-cells/>
- <http://www.regenexx.com/2014/08/avoid-meniscus-surgery-an-elite-high-school-athlete-uses-injections-instead/>
- <http://www.regenexx.com/2015/02/knee-acl-stem-cell-procedure-featured-local-news/>
- <http://www.regenexx.com/2014/07/triathlete-knee-pain/>
- <http://www.regenexx.com/2013/10/triathlon-knee-pain/>
- <http://www.regenexx.com/2012/11/anklestemcells/>
- <http://www.regenexx.com/2012/03/ankle-stem-cell-treatment-in-a-rodeo-champion/>

**14. Regenexx is supported by James P. Bradley, MD, and Joseph C. Maroon, MD— medical staff for the Pittsburgh Steelers. Other NFL medical staff also use Regenexx for active players.**

- <http://www.regenexx.com/2015/02/sports-illustrated-stem-cells/>
- <http://www.regenexx.com/2011/09/regenexx-in-max-sports-and-fitness/>
- <http://www.regenexx.com/2010/11/regenexx-patient-joe-maroon-featured-in-wall-street-journal/>
- <http://www.regenexx.com/2010/10/joe-maroon-competes-in-2nd-hawaii-ironman-since-regenexx-procedure/>
- <http://www.regenexx.com/nfl-players-recovering-injuries-faster-ever/>
- <http://www.regenexx.com/nfl-stem-cell-therapy/>
- <http://www.regenexx.com/our-patient-on-siriusxm-nfl-radio/>

**15. There are two randomized, controlled trials currently under way. We continue to fund and do the most research in this field.**

<http://www.regenexx.com/regenexx-clinical-research-studies/> (scroll to the bottom of this link to find the studies)

16. Regenexx treats the entire musculoskeletal system with autologous stem cells—from spine to peripheral joints, ligaments, and tendons.

<http://www.regenexx.com/the-regenexx-procedures/>

17. Stem Cell 101: We use the patient's own stem cells harvested from the iliac crest. This procedure is FDA compliant.

<http://www.regenexx.com/about-regenexx/stem-cell-basics/>

18. Overview of the Regenexx differences: Regenexx is the world leader in orthopedic stem cell procedures. This infographic highlights our differences compared to any other option, including top-named orthopedic practices that treat professional athletes with surgery and say they do stem cells.

<http://www.regenexx.com/regenexx-procedures-family/the-regenexx-difference/>

19. Regenexx patient-education books: The purpose of our library is to educate people about making the best health decisions. Orthopedics 2.0 is an Amazon best seller and has been downloaded over 100,000 times with over 60,000 copies in print. <http://www.regenexx.com/library-complimentary-regenexx-resources/>

20. Regenexx blog: Dr. Centeno is the author of the Regenexx blog. He posts relevant content about stem cells, research, and other health topics 6–7 days a week.

a. MRI before-and-after images found on the website:

- <http://www.regenexx.com/acl-stem-cell-shot/>
- <http://www.regenexx.com/what-is-an-annular-tear/>
- <http://www.regenexx.com/can-day-stem-cell-procedure-reduce-disc-bulge-size/>
- <http://www.regenexx.com/stem-cells-knee-arthritis/>
- <http://www.regenexx.com/spondylolysis-recovery-time-avoiding-knife/>
- <http://www.regenexx.com/2014/02/torn-knee-cap-surgery-recovery/>
- <http://www.regenexx.com/2012/02/update-severe-shoulder-rotator-cuff-tear-treated-with-stem-cells/>
- <http://www.regenexx.com/2013/07/acl-surgery-or-not/>

- <http://www.regenexx.com/2013/01/another-interventional-orthopedics-first-injecting-stem-cells-into-a-knee-cap-with-avn/>
- <http://www.regenexx.com/2012/09/healing-another-knee-acl-ligament-with-stem-cells/>
- <http://www.regenexx.com/2012/04/treating-a-knee-meniscus-tear-with-stem-cells/>
- <http://www.regenexx.com/2015/03/acl-surgery-complications/>
- <http://www.regenexx.com/2014/08/back-fusion-alternatives/>
- <http://www.regenexx.com/2015/07/knee-acl-stem-cell/>

#### **b. Patient testimonials found on the blog:**

##### **Knee**

- <http://www.regenexx.com/avn-julies-christmas-wish-the-2016-update/>
- <http://www.regenexx.com/knee-stem-cell-recovery/>
- <http://www.regenexx.com/meniscus-stem-cell-treatment/>
- <http://www.regenexx.com/stem-cell-treatment-gives-jazzercise-mom-life-back/>
- <http://www.regenexx.com/crossfit-injury-recovery/>
- <http://www.regenexx.com/knee-surgery-is-a-risk-even-with-the-best-surgeons/>
- <http://www.regenexx.com/2015/05/regenexx-provider-dr-movva-a-regenexx-patient-review/>
- <http://www.regenexx.com/2012/08/an-update-on-knee-stem-cell-injections-for-an-unstable-mensicus/>
- <http://www.regenexx.com/2015/04/knee-stem-cell-injection-review/>
- <http://www.regenexx.com/2015/03/can-you-treat-a-meniscus-tear-without-surgery/>
- <http://www.regenexx.com/2012/04/nailing-the-latest-cross-fit-craze-with-knee-stem-cell-injections/>
- <http://www.regenexx.com/2011/04/regenexx-scp-patient-back-to-training-hard/>
- <http://www.regenexx.com/2011/02/regenexx-sd-helps-an-unlikely-candidate/>
- <http://www.regenexx.com/2011/01/athlete-regains-pain-free-form-following-regenexx-sd/>

- <http://www.regenexx.com/2014/09/acl-tear-treatment/>
- <http://www.regenexx.com/2012/12/knee-stem-cells-in-chicago-and-heli-skiing/>
- <http://www.regenexx.com/2014/03/regenexx-reviews-2/>
- <http://www.regenexx.com/2012/12/another-torn-knee-meniscus-helped-by-stem-cells/>
- <http://www.regenexx.com/2012/08/helping-a-severely-degenerated-knee-with-stem-cells/>
- <http://www.regenexx.com/2011/03/another-stem-cell-knee-arthritis-success-in-an-avid-skier/>
- <http://www.regenexx.com/2010/08/treating-winter-sports-injuries-with-stem-cells/>
- <http://www.regenexx.com/2012/07/cycling-dreams-and-knee-stem-cell-injections/>
- <http://www.regenexx.com/2012/11/helping-a-soccer-player-with-knee-meniscus-tears-get-his-game-back-with-stem-cells/>
- <http://www.regenexx.com/2011/06/acl-stem-cell-procedure-helping-a-soccer-star-with-a-bad-acl-shine-again/>
- <http://www.regenexx.com/2014/02/severe-knee-arthritis-patient-treated-stem-cells-getting-back-stories-doctors-love/>
- <http://www.regenexx.com/avoid-meniscus-surgery-an-elite-high-school-athlete-uses-injections-instead/>

## Shoulder

- <http://www.regenexx.com/shoulder-stem-cell-injection/>
- <http://www.regenexx.com/how-to-avoid-surgery-for-rotator-cuff/>
- <http://www.regenexx.com/avoid-rotator-cuff-surgery-2/>
- <http://www.regenexx.com/regenexx-proactive-tonys-amazing-push-envelope-life/>
- <http://www.regenexx.com/2015/05/helping-another-shoulder-rotator-cuff-tear-heal/>
- <http://www.regenexx.com/2014/07/avoid-rotator-cuff-surgery/>

## Foot

- <http://www.regenexx.com/lifelong-runner-gets-back-track-stem-cell-treatment/>



## Ankle

- <http://www.regenexx.com/severe-ankle-arthritis-stem-cells/>
- <http://www.regenexx.com/2011/08/treating-ankle-arthritis-with-stem-cells/>

## Hand

- <http://www.regenexx.com/2014/02/hand-arthritis-stem-cell-facebook-post-grateful-patient/>
- <http://www.regenexx.com/2012/02/one-journalists-personal-hand-stem-cell-story/>

## Hip

- <http://www.regenexx.com/2015/04/a-hip-stem-cell-treatment-in-an-akido-master/>
- <http://www.regenexx.com/helping-a-hip-labrum-tear-patient-dance-with-the-swans-using-an-injection-of-her-own-stem-cells/>

## Neck

- <http://www.regenexx.com/tmj-stem-cell-therapy-2/>
- <http://www.regenexx.com/2015/06/a-colorado-regenexx-patient-review-pain-free/>

## Back

- <http://www.regenexx.com/back-pain-when-hiking/>
- <http://www.regenexx.com/lower-back-stem-cell-treatment/>
- <http://www.regenexx.com/crossfit-injury-recovery/>
- <http://www.regenexx.com/2014/02/regenexx-reviews/>
- <http://www.regenexx.com/2015/03/stem-cells-for-back-pain/>
- <http://www.regenexx.com/2014/06/spinal-stenosis-surgery-alternatives/>

\*Regenexx-C (cultured) is only offered by Regenexx Cayman.

Regenexx Cayman is an independently owned and operated medical-services provider operating exclusively in the Cayman Islands and is not part of or affiliated with the Centeno-Schultz Clinic or any US Regenexx Network provider. The Regenexx-C procedure licensed by Regenexx Cayman is not approved by the USFDA for use in the United States.

Disclaimer: Like all medical procedures, Regenexx Procedures have a success & failure rate. Not all patients will experience the same results.

**Regenexx® is VERY Different - Why Regenexx Stem Cell Treatments are Superior to Other Solutions**





## Regenexx Procedure Network

Find a Physician



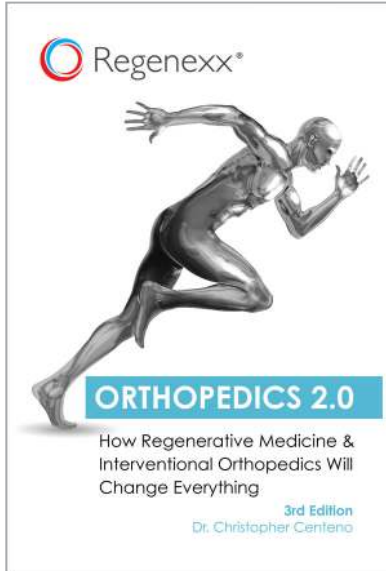
### Regenexx Supplements

### Advanced Stem Cell Support Formula, Turmeric Curcumin Complex and Concentrated Pro Omega 3 Fish Oil.

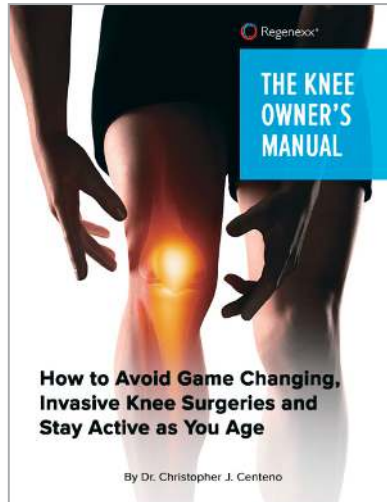


## Orthopedics 2.0

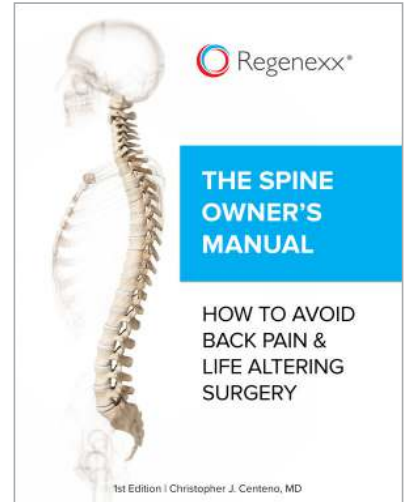
an Amazon Best Seller



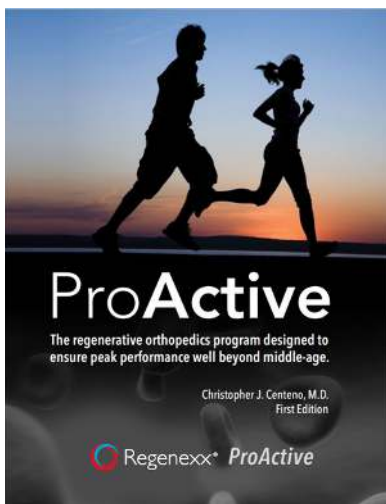
## The Knee Owner's Manual



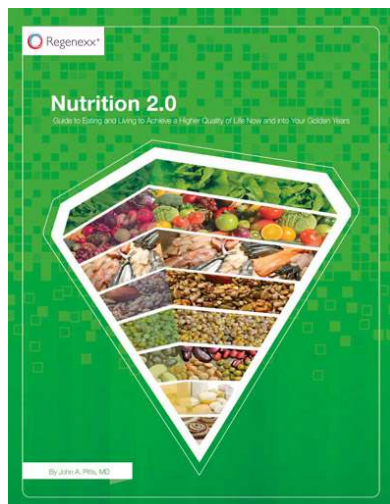
## The Spine Owner's Manual

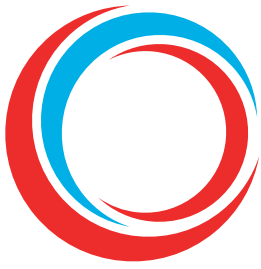


## ProActive Book



## Nutrition 2.0





Regenexx<sup>®</sup>

[www.regenexx.com](http://www.regenexx.com)

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For more information or to schedule  
and appointment call 888-525-3005

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