

Diagnosis	Orthopedic Surgery	RCT vs Sham Surgery?	Interventional Orthopedics	RCT vs Placebo or Standard (Steroid)?
Achilles Tendinopathy	Gastrocnemius Recession	No	US guided PRP	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/31603721
Achilles Tendinopathy	Debridement and Repair	No	US Guided PRP	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/31603721
CMC OA	LRTI	No	US Guided PRP	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/30343590
Knee Meniscus Tear	Arthroscopic Partial Menisectomy	Yes-Ineffective in 3 RCTs-	Trephination with PRP- Intrameniscal Injection	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/30781461
Carpal Tunnel Syndrome	Carpal Tunnel Release	No	Ultrasound Guided Carpal Tunnel PRP Injection	Yes-effective-multiple vs steroid, saline, bracing, dextrose- https://3n30av2dl.n0g4fmlc03hvp0p.wpengine.netdna-ssl.com/wp-content/uploads/2019/10/PRP-RCTs-Oct-2019-v2.pdf
Lateral Epicondylitis	Surgical Tenotomy	No	Ultrasound Guided PRP Injection	Yes-effective-multiple vs. steroid, saline, anesthetic, blood, exercise, surgery-dextrose- https://3n30av2dl.n0g4fmlc03hvp0p.wpengine.netdna-ssl.com/wp-content/uploads/2019/10/PRP-RCTs-Oct-2019-v2.pdf
Lumbar DDD	Lumbar Fusion	No	Fluoroscopically Guided Intradiscal PRP	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/26314234
SI Joint Syndrome	SI Joint Fusion	No	Ultrasound Guided PRP Injection	Yes-effective- https://www.ncbi.nlm.nih.gov/pubmed/27677100