



Shounuck I. Patel, DO

Regenerative Sports & Spine Orthopedics

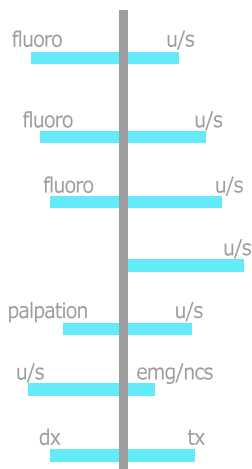
 Regenexx® Affiliate for Southern California

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EDUCATION & TRAINING

10/2017	Interventional Orthobiologics Foundation Advanced Interventional Procedural Training
1/2015	Regenexx Centeno-Schultz Clinic Regenerative Medicine Training
1-12/2014	OSS Health / Sinai Hospital of Baltimore Sports Medicine & Spine Fellowship ABPMR sports-medicine CAQ, 2015
2010 - 2013	UMDNJ-NJMS (now Rutgers University) Kessler Institute for Rehabilitation Physical Medicine & Rehabilitation Residency ABPMR board-certified, 2014
2009 - 2010	North Shore-LIJ / Plainview Hospital Osteopathic Internship
2005 - 2009	Midwestern University Chicago College of Osteopathic Medicine Doctor of Osteopathy
2003 - 2005	Drexel University College of Medicine Master in Medical Science
1999 - 2003	The George Washington University Bachelor of Business Administration Concentration: Finance Secondary Study: Psychology

SKILLS



PRESENTATIONS, WORKSHOPS & COURSES

2/2020-current	ExEd Ultrasound Proficiency Course Speaker/Instructor
1/2018-current	Orthosono Ultrasound Courses Instructor
6/2017-current	Interventional Orthobiologics Foundation Cadaver Courses Instructor
2/11-15/20	Interventional Orthobiologics Foundation Annual Conference Host and Foundations Course Director/Instructor
7/13/19	Ultrasound and Orthobiologics for Hip & Knee Conditions. Konica-Minolta Speaker/Instructor
6/1/19	Orthobiologic Treatments of the Spine. Marina Spine Center Annual CTA/PT Conference Speaker
2/7/19	Surgical vs Interventional Orthobiologics. IOF Annual Conference Speaker
6/2018, 6/2019	Epidural Platelet Lysate/Spine Workshop. TOBI The OrthoBiologics Institute Conference Speaker/Instructor
4/14/18	Interventional Regenerative Orthopedics. AOCPMR Mid-Year Meeting Speaker
1/18-21/2018	AOCPMR Hip Proficiency Musculoskeletal Ultrasound Course Participant
10/12-14/2017	Basics of Manual Manipulation for the Physiatrist. AAPM&R Annual Assembly workshop Instructor
3/31/17	PRP & Stem Cells for Sports Injuries. AOAPRM Prolotherapy & Cadaver Conference Speaker
1/19-22/2017	AOCPMR Knee Proficiency Musculoskeletal Ultrasound Course Participant
9/18/16	Updates in Interventional Management of Low Back Pain. OMED Annual Conference Speaker
9/17-18/2016	AOCPMR Specialty Track. OMED Annual Conference Program Chair
5/14/2016	Ultrasound-guided Prolotherapy. AOAPRM Prolotherapy & Cadaver Conference Instructor
10/2/2015	Structural Examination for Lower Back Pain; Manipulation for Post-Concussive and Whiplash Syndrome. AAPM&R Annual Assembly workshops Instructor
10/1/2015	Manual Manipulation and Home Exercises to Compliment Common Injection Procedures. AAPM&R Annual Assembly workshop Course Director
4/10/2015	The Regenerative Spine Lecture; Regenerative Medicine Panel. AOCPMR Mid-Year Meeting Speaker
4/8/2015	Regenerative Medicine & Applications in Pain Management. UC Irvine / Long Beach VA PM&R Residency Program lecture Speaker
11/15/2014	Manual Manipulation for Exercise Injuries & the Muscle Energy Exercise Prescription. AAPM&R Annual Assembly workshop Course Director
1/26/2014	Intercostal Nerve Blocks and Ultrasound Guidance. OSS Health Conference in Puerto Rico Speaker
10/21/2013	Robertwood Johnson Medical School Ultrasound Anatomy workshop Instructor
10/5/2013	Sports & Musculoskeletal Ultrasound Intensive. AAPM&R Annual Assembly workshop Volunteer
10/4/2013	Platelet-Rich Plasma in Injection Therapy. AAPM&R Annual Assembly workshop Volunteer
8/28/2013	Osteopathic Principles in Physiatry. Rutgers University lecture & workshop Speaker/Instructor

Journals	<p>Scholten PM, Patel SI, Christos PJ, Singh JR. Short-Term Efficacy of Sacroiliac Joint Corticosteroid Injection Based on Arthrographic Contrast Patterns. <i>PM R.</i> 2015; 7(4):385-391. [contributing author & illustrator]</p> <p>Foye P, Abdelshahed D, Patel S. Musculoskeletal Pareidolia in Medical Education. <i>Clin Teach.</i> 2014; 11: 251-253 [illustrator]</p> <p>Patel S, Joshi M. Neurostimulation with Ultrasound Guidance for Intercostal Nerve Block. <i>PM R.</i> 2013; 5(10): 903-905. [1st author & illustrator; poster presented at the 2013 AAP Annual Meeting]</p> <p>Patel SI, Jayaram P, Portugal S, Stitik TP. Iliocostal Friction Syndrome Causing Flank Pain in a Stroke Patient with Scoliosis and Compensated Trendelenburg Gait. <i>AJPMR.</i> 2013. [1st author & illustrator]</p> <p>Patel SI, Foye PM, Stitik TP. Dynamic Ultrasound with Varus Stress used to Diagnose a Previously Concealed Medial Meniscus Extrusion. <i>PM R.</i> 2012; 4(6): 459-461. [1st author & illustrator]</p> <p>Foye PM, Patel SI. Paracoccygeal Corkscrew Approach to Ganglion Impar Injections for Tailbone Pain. <i>Pain Practice.</i> 2009; 4(9): 317-21. [contributing author & illustrator]</p> <p>Van Heest A, Ma H, Glisson C, Patel SI. Musculocutaneous Nerve Entrapment: An Unusual Complication After Biceps Tenodesis. <i>Am J Sports Med.</i> 2009; 37(12): 2467-9. [illustrator]</p>
Book	<p>Cianca JC, Patel SI. Musculoskeletal Ultrasound Cross-Sectional Anatomy. New York, NY: Demos; 2017. [illustrator]</p> <p>Patel S, et al. Lumbar Injection Techniques. In Williams et al (Editor), <i>Atlas of Interventional Orthopedics Procedures</i>. Philadelphia, PA: Elsevier; publication pending. [contributing author]</p>
Chapters	<p>Patel S, et al. Iliac Crest Bone Marrow Aspiration: Ultrasound Guidance. Intercostal injection: Ultrasound Guidance. Intraarticular Hip Injection - Anterior Approach: Ultrasound Guidance. In Furman MB (Editor), <i>Atlas of Image-Guided Spinal Procedures 2nd Edition</i>. Philadelphia, PA: Elsevier; 2018. [contributing author]</p> <p>Foye PM, Kirschner JS. Ganglion Impar Injection. In Furman MB (Editor), <i>Atlas of Image-Guided Spinal Procedures 2nd Edition</i>. Philadelphia, PA: Elsevier; 2018. [illustrator for Figure 8A.10 paracoccygeal approach]</p> <p>Stitik TP, Chang A, Georgy J, Patel SI. Percutaneous Needle Tenotomy (PNT). In Valera-Garrido F and Minaya-Munoz F (Editors), <i>Minimally Invasive Procedures in Physical Therapy</i>. London, England: Elsevier; 2016. [illustrator]</p> <p>Abbasi A, Patel SI, Malhotra G. Thoracic Disc Herniation. In Simon J, Freedman M, Mehnert M and Vaccaro A (Editors), <i>Interventional Spine Procedures – A Case-Based Approach</i>. Philadelphia, PA: Jaypee; 2014. [co-author & illustrator]</p> <p>Stitik TS, Patel S, et al. Fifth Dorsal Compartment of the Wrist Injection and Sixth Dorsal Compartment of the Wrist Injection. In Malanga G and Mautner K (Editors), <i>Atlas of Ultrasound-guided Musculoskeletal Injections</i>. New York, NY: McGraw Hill; 2014. [contributing author]</p> <p>Malhotra G, Ryan LA, Patel S. Carpal Tunnel Syndrome. In Wyss JF and Patel AD (Editors) <i>Comprehensive Therapeutic Programs for Musculoskeletal Disorders</i>. New York, NY: Demos; 2013. [contributing author & photographer]</p>
Online	<p>Green E, Patel S. On Platelet Rich Plasma Therapy. The Stay Healthy Los Angeles Podcast. 11-8-2019. https://share.transistor.fm/s/edb75a0a. [guest]</p> <p>Purohit D, Patel S. Treating Chronic Pain with Stem Cell Therapy and Regenerative Medicine. The Broken Brain Podcast. 6-27-19. https://drhyman.com/blog/2019/06/27/bb-ep61/ [guest]</p> <p>Watkins R, Patel S. Stem Cell Madness. Back Doctor Podcast. 4-19-19. https://www.spreaker.com/user/backdoctor/patel-mix-down [guest]</p> <p>Furman M, Liu J, Patel S. Lumbar spondylolisthesis. <i>PM&R Knowledge NOW/AAPM&R</i>. http://now.aapmr.org/lumbar-spondylolisthesis/. Published 2013, updated 2018. [contributing author]</p> <p>Chimes G, Patel S, Gaimer L, John J. Endocrine abnormalities affecting the musculoskeletal system. <i>PM&R Knowledge NOW/AAPM&R</i>. http://now.aapmr.org/msk/sports-medicine/Pages/Endocrine-abnormalities-affecting-the-musculoskeletal-system.aspx. Published 9/20/2013. [contributing author]</p>
Posters	<p>Jayaram P, Patel S, Bowen J. Ozone Prolotherapy as an Adjunct to Botulinum Toxin for Cervical Dystonia & Vertigo in Post-Concussion Syndrome. Presented at the 2014 AAP Annual Meeting. [contributing author]</p> <p>Jani J, Patel S, Malanga G. Ultrasound-Guided Ventral Hydrorelease of Achilles Tendon for Achilles Tendinopathy (Smiley Face Technique). Presented at the 2012 AAPM&R Annual Assembly. [illustrator]</p>